

# Al-Anon

## Sunday

<b>Blue Hill</b> Blue Hill Memorial Hospital Water Street	E-1	7:00 P.M.
<b>Casco</b> Clyde Bailey Drop In Center Rte 302 Terra Ridge	W-2	6:30 P.M.
<b>Coopers Mills</b> Sheepscoot Valley Medical Center	C-2	7:00 P.M.
<b>Farmington</b> Franklin Memorial Hospital Routes 2 & 4	W-1	7:00 P.M.
<b>Indian Island</b> St. Ann's Rectory Down Street	E-1	6:00 P.M.
<b>Portland</b> Dana Education Center (MMC) Classroom #5 22 Bramhall	S-2	7:00 P.M.
<b>SW Harbor</b> SW Harbor Congregational Church High Road	E-1	7:00 P.M.
<b>Waldoboro</b> United Methodist Church (Office) 93 Friendship Street	C-1	7:00 P.M.
<b>Waterville</b> Inland Hospital, Ford Grant Conference room	C-2	10:00 A.M.

## Monday

<b>Auburn</b> United Methodist Church of Auburn 439 Park Ave.	W-2	7:30 P.M.
<b>Bangor</b> Boyd Place Library Corner Boyd/York Street	E-1	12:00 P.M.
<b>Belfast</b> First Baptist Church 95 High Street	E-1	12:00 P.M.
<b>Boothbay Harbor</b> St. Columba's Episcopal Church Emery Lane	C-1	7:00 P.M.
<b>Brunswick</b> St. Paul's Episcopal Church 27 Pleasant Street	C-1	12:00 P.M.
<b>Ellsworth</b> First Congregational Church (classrooms) Church Street	E-1	7:00 P.M.
<b>Fort Kent</b> Rock's Dinner (downstairs) Main Street	N-1	1:00 P.M.
<b>Kennebunk</b> Advent Christian Church Sea Road	S-1	8:00 P.M.
<b>Newcastle</b> Faith Baptist Church 144 Mills Road, (Rte 215)	C-1	9am - 10:30 A.M.

**Portland** S-2 10:00 A.M.  
Lutheran Church Woodfords/Brighton(In back)

**Portland** S-2 7:00 P.M./Reg. 8:00 P.M.  
Trinity Episcopal Church 548 Forest Ave./Coyle Street

**Saco** S-1 10:00 A.M.  
Most Holy Trinity Meeting House Main Street

**Sanford** S-1 7:00 P.M.  
Holy Family Church Basement 66 North Ave.

**So. Berwick** S-1 10:00 A.M.  
First Parish Federated Church Academy Street

**Thomaston** C-3 7:00 P.M.  
St. John the Baptist Episcopal Church 200 Main Street

**Winthrop** C-2 7:00 P.M.  
United Methodist Church 12 Main Street

**York** S-1 7:00 P.M.  
First Congregational Church Hall(side entr. left) York

## Tuesday

**Augusta** C-2 7:00 P.M.  
St. Mark's Episcopal Church 9 Summer Street

**Bar Harbor** E-1 7:00 P.M.  
First Baptist Church 46 Ledgelawn Ave.

**Biddeford** S-1 7:45 P.M.  
2nd. Congregational (side door) 19 Crescent St. Cor.

**Brewer** E-1 6:00 P.M.  
1st United Methodist Church 40 South Main St.

**Bridgton** W-2 7:00 P.M. Beg. Reg 7:30 P.M.  
St. Joseph's Catholic Church 225 High Street

**Buxton** S-2 6:30 P.M.  
North Congregational Church 22 Churchhill Road

**Camden** C-3 7:00 P.M.  
Our Lady of Good Hope 7 Union Street

**Damariscotta** C-1 7:00 P.M.  
Mobius Bldg.

**Eastport** E-3 6:30 P.M.  
St. Joseph's Catholic Church Orange Street

**Ellsworth** E-1 12 Noon  
Unitarian Universalist Church 121 Bucksport Rd.

**Fort Fairfield** N-1 7:30 P.M.  
St. Paul's Episcopal Church 66 Lower Main Street

**Fort Fairfield** N-1 7:30 P.M.  
St. Paul's Episcopal Church Main Street

**Fryeburg** W-2 10:00 A.M.  
American Legion Hall Bradley Street

**Kittery** S-1 7:30 P.M.  
First Congregational Church 23 Pepperell Rd

**Madawaska** N-1 7:00 P.M.  
Suite 105 291 Newberry Drive

**Portland** S-2 12 Noon  
Cathedral Guild Hall NE Cor. Congress&Franklin Arter

**Richmond** C-1 6:00 P.M.  
United Methodist Church 21 Pleasant Street

**Runford/Mexico** W-1 7:00 P.M.  
St. Theresa's Church Brown Street

**Skowhegan** C-2 7:00 P.M.  
Federated Church Island Avenue

**Van Buren** N-1 3:00 P.M.  
St. Bruno Church 180 Main Street

**Waterville** C-2 7:00 P.M.  
Inland Hospital, Library

## Wednesday

**Andover** W-1 7:30 P.M.  
Congregational Church Upstairs 25 Elm Street Rte 120

**Auburn** W-2 10:00 AM  
Grace Lutheran Church 757 Summer St. Auburn, ME

**Auburn** W-2 8:00 P.M.  
St. Phillips Church Center Street Rte 4

**Bangor** E-1 10:00 A.M. Step/Tradition  
Boyd Place 21 Boyd Street

**Brunswick** C-1 10:00 A.M.  
7th Day Adventist Church Fellowship Hall (basement) 333

**Bucksport** E-1 7:00 P.M.  
Congregational Church Elm Street

**Catais** E-3 6:30 P.M.  
Old Catais Hospital

**Farmington** W-1 7:00 P.M.  
Franklin Memorial Hospital, Walden Rm Rte 2&4

**Freeport** S-2 7:30 P.M.  
First Parish Church Main Street

**Hancock** E-1 12:00 P.M.  
Union Congregational Church Route 1

**Hartland** C-2 7:00 P.M.  
Irving Tanning Community Center Elm Street

**Kezar Falls** S-1 7:00 P.M.  
Riverside Methodist Church Rte 160 & 25 Porter

**Monroe** E-1 7:30 P.M.  
Monroe Community Church 26 West Main Street

**Newcastle** C-1 9:00 A.M.  
Faith Baptist Church Mills Road

**No. Yarmouth** S-2 10:00 A.M.  
N. Yarmouth Cong. Church 3 Gray Rd Corner Rte 115 &

**Oxford** C-1 7:30 P.M.  
Oxford Town Office, 2nd Floor 85 Pleasant Street

**Portland** S-2 6:00 P.M.  
St. Pious Catholic Church 492 Ocean Ave.

**Portland** S-2 7:00 P.M.  
Central Square Baptist Church Stevens Ave@Pleasant St

**Sanford/Alfred** S-1 7:00 P.M.  
Notre Dame Spiritual Center Dennis Hall 133 Shaker Hill

**Scarborough** S-2 10:00 A.M.  
Scarborough United Methodist Church Route One

**Waterville** C-2 12 Noon  
St. Mark's Episc. - Front Entrance Eustis Parkway

## Thursday

**Augusta** C-2 5:30 P.M.  
Augusta Masonic Hall (upstairs) 317 Water Street

**Bangor** E-1 8:00 P.M.  
Congregational Church (Use rear door) High and

**Bath** C-1 7:00 P.M.  
UCC Church Congress Street

**Belfast** E-1 7:00 P.M.  
St Francis Church 47 Court Street

**Cape Elizabeth** S-2 7:30 P.M.  
United Methodist Church 280 Ocean House(Rte 77)

**Ellsworth** E-1 12:00 P.M.  
Unitarian Universalist Church 121 Bucksport Rd.

**Gray** S-2 8:00 P.M.  
 St. Gregory's Parish Hall Route 26 Dry Mills/Store turn left

**Kent's Hill** C-2 7:00 P.M.  
 Readfield United Methodist Church (Torsey Mem) Route

**Naples** W-2 8:00 P.M.  
 United Methodist Church, side doors down stairs 100

**Rockland** C-3 6:30 P.M.  
 Rockland Library

**Rumford/Mexico** W-1 10:15 A.M.  
 Congregational Church Main Street

**Stonington** E-1 9:00 A.M.  
 Island Community Center 2 Memorial Lane

**Wells** S-1 7:30 P.M.  
 First Congregational Church Router1

**Friday**

**Augusta** C-2 12:30 P.M.  
 Unitarian Universalist Church Summer & Winthrop St.

**Bangor** E-1 12:00 P.M.  
 St. John's Epis. Ch. Parish Off. Bldg 234 French Street

**Bar Harbor** E-1 7:00 P.M.  
 St. Savior's Church-Rectory Library 41 Mt. Desert Street

**Brunswick** C-1 12:00 P.M.  
 1st Parish Church, Pilgrim Hse.Parlor 9 Cleaveland St.

**Cape Elizabeth** S-2 7:00 P.M.  
 St. Alban's Church 885 Shore Road

**Falmouth** S-2 5:30 P.M.  
 St. Mary's Fellowship Hall 43 Foreside Road Route 88

**Farmington** W-1 7:00 P.M.  
 Franklin Memorial Hospital Routes 2 & 4

**Fort Kent** N-1 6:30 P.M.  
 Ft. Kent Public Library(ground level) Main Street

**Limerick** S-1 7:00 P.M.  
 St. Matthews Catholic Church(Use rear door) 19 Dora

**Lincoln** E-4 7:00 P.M.  
 Penobscot Valley Hosp. Conf. Rm B Tran Alpine Road

**Newcastle** C-1 9:00 A.M.  
 St. Andrews Church Glidden Street

**Oakland** C-2 10:00 A.M.  
 St. Theresa's Church back entrance Church Street

**Orrington** E-1 6:00 P.M.  
 E Orrington Congregational Church 58 Johnson Mill Road

**Portland** S-2 9:30 A.M.  
 Trinity Episcopal Church 113 Coyle St.

**Saco** S-1 8:00 P.M.  
 Trinity Episcopal Church Route 1/Cleveland Street

**Saturday**

**Auburn** W-2 7:00 P.M.  
 Grace Lutheran Church 757 Summer Street@Park Ave.

**Bangor** E-1 1:00 P.M.  
 St. John's Episcopal Parish House 234 French Street

**Belfast** E-1 10:00 A.M.  
 St. Margaret's Lighthouse new addition 100 Court Street

**Brunswick** C-1 7:30 P.M.  
 St. Paul's Episcopal Church Pleasant Street

**Caribou** N-1 2:00 P.M.  
 Caribou Public Library, Caribou Room 30 High Street

**Rockport** C-3 10:00 A.M.  
 Penbay Hospital, Physicians Bldg(downstairs) Route 1

**So. Portland** S-2 8:30 Beg 9:00 A.M. Reg.  
 First Congregational Church (Top Floor) 301 Cottage Road

**Institution  
 Sunday**

**Warren** C-3 6:00 P.M.  
 Bolduc Correctional Facility 516 Cushing Rd Unit 100

**Alateen  
 Monday**

**Portland** S-2 7:00 P.M.  
 Trinity Episcopal Church Forest Ave/Coyle Street

**Thomaston** C-3 7:00 P.M.  
 Thomaston Baptist 112 Main Street

**Tuesday**

**Augusta** C-2 6:45 P.M.  
 Unitarian Universalist Church Annex 69 Winthrop Street

**Wednesday**

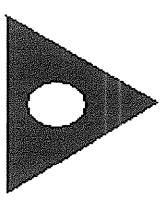
**Deer Isle** E-2 11:30 A.M.  
 Deer Isle Stonington High School 251 Deer Isle Road

**MAINE  
 AL-ANON/  
 ALATEEN  
 DIRECTORY**

AL-ANON INFORMATION SERVICE  
**(207)284-1844**  
**1-800-498-1844**  
 REVISED NOVEMBER 2009

Additional directories may be obtained by writing to  
 Maine L.D.C.  
 P.O. Box 1173  
 Biddeford ME 04005  
**or at [www.maineafg.org](http://www.maineafg.org)**

**Maine Area Voted Spring 1992:**  
*"We do not label the groups in our Directory"*  
 When our Area lists a group, there is an informal agreement that the group will abide by the Al-Anon Traditions and keep its doors open to any Al-Anon member.  
 Listing in this Directory does not constitute approval/disapproval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope in Al-Anon.



**PUBLIC INFORMATION**

Note: See Map for District location  
 i.e., C-1, C-2 etc.  
 Web Site address:  
**[maineafg.org](http://maineafg.org)**